

Hot Bowls ** add side salad for \$2.45*

CHICKEN HOT BOWL • 8.45
Chicken, Sauce, Base, 4 Mix-Ins

STEAK HOT BOWL • 8.95
Steak, Sauce, Base, 4 Mix-Ins

SHRIMP HOT BOWL • 8.95
Shrimp, Sauce, Base, 4 Mix-Ins

EGGS HOT BOWL • 8.45
Two Eggs, Sauce, Base, 4 Mix-Ins

TOFU HOT BOWL • 8.45
Tofu, Sauce, Base, 4 Mix-Ins

VEGGIE HOT BOWL • 7.95
Sauce, Base, 4 Mix-Ins

Choice of Sauce –

- Teriyaki
- Szechuan ^{GF}
- Sweet & Spicy
- Thai Green Curry
- Thai Peanut ^{GF}
- Tikka Masala
- Alfredo ^{GF}
- Chipotle Southwest ^{GF}
- Sesame Soy & Chili

Choice of Base –

- Noodles
- White or Brown Rice
- Pasta
- Spinach
- Half and Half Choice of Any Two Bases

Plates ** add side salad for \$2.45*

CHICKEN & STEAK with EGG FRIED RICE • 8.95

CHICKEN & SHRIMP with EGG FRIED RICE • 9.45

STEAK & SHRIMP with EGG FRIED RICE • 9.95

Paninis ** add side salad for \$2.45*

GRILLED CHICKEN AND AVOCADO PANINI • 6.00 8.00
Single \$ • Combo \$
Grilled Chicken, Avocado, Tomato, Provolone Cheese, and Chipotle Mayonnaise

STEAK PANINI • 6.45 8.45
Steak, Red Peppers, Red Onions, Pepper Jack Cheese, and BBQ Buttermilk

SHRIMP AND AVOCADO PANINI • 6.45 8.45
Shrimp, Avocado, Tomato, Provolone Cheese, and Chipotle Mayonnaise

CHICKEN TIKKA MASALA PANINI • 6.00 8.00
Grilled Chicken, Red Peppers, Red Onions, Tikka Masala, Provolone Cheese, and Balsamic Vinaigrette

BUFFALO CHICKEN PANINI • 6.00 8.00
Grilled Chicken, Buffalo Sauce, Tomato, Provolone Cheese, and Ranch

Wraps ** Any Salad Can Be Made Into Wrap*

WRAP • 6.00

Any 3 Mix-Ins, Cheese, Greens, Dressing

ADD: Chicken/Bacon/Boiled Egg/Tofu • 0.95

ADD: Steak/Shrimp • 1.95

SOUTHWEST CHICKEN WRAP • 6.95

Grilled Chicken, Corn, Black Beans, Cheddar Cheese, Greens, Southwest Dressing, Tortilla Strips

CHICKEN COBB WRAP • 7.95

Avocado, Grilled Chicken, Smoked Bacon, Eggs, Tomatoes, Blue Cheese, Greens, Buttermilk-Herb Dressing

BBQ CHICKEN WRAP • 6.95

Grilled Chicken, Corn, Black Beans, Romaine, Greens, BBQ Buttermilk Dressing, Tortilla Strips, Drizzled with BBQ Sauce

GRILLED CHICKEN CAESAR WRAP • 6.95

Grilled Chicken, Parmesan Cheese, Romaine, Caesar Dressing, Croutons

GREEK SALAD WRAP • 6.95

Cucumber, Tomatoes, Olives, Pepperoncini, Red Onions, Feta Cheese, Greens, Lemon-Oregano Vinaigrette

Salads ** Make it large size: add \$1.50*

SALAD • 6.00

Any 3 Mix-Ins, Cheese, Greens, Dressing

ADD: Chicken/Bacon/Boiled Egg/Tofu • 0.95

ADD: Steak/Shrimp For • 1.95

SOUTHWEST CHICKEN SALAD • 6.95

Grilled Chicken, Corn, Black Beans, Cheddar Cheese, Greens, Southwest Dressing, Tortilla Strips

CHICKEN COBB SALAD • 7.95

Avocado, Grilled Chicken, Smoked Bacon, Eggs, Tomatoes, Blue Cheese, Greens, Buttermilk-Herb Dressing

BBQ CHICKEN SALAD • 6.95

Grilled Chicken, Corn, Black Beans, Romaine, Greens, BBQ Buttermilk Dressing, Tortilla Strips, Drizzled with BBQ Sauce

MANDARIN CHICKEN SALAD • 6.95

Grilled Chicken, Mandarins, Carrots, Almonds, Greens, Dressing

BUFFALO CHICKEN SALAD • 6.95

Grilled Chicken, Carrots, Celery, Greens, Ranch, Buffalo Sauce

STEAK SALAD • 7.95

Steak, Red Peppers, Red Onions, Pepper Jack Cheese, Greens, BBQ Buttermilk

SHRIMP SALAD • 7.95

Shrimp, Any 3 Mix-In, Cheese, Greens, Lemon-Oregano Vinaigrette

GRILLED CHICKEN CAESAR SALAD • 6.95

Grilled Chicken, Parmesan Cheese, Romaine, Caesar Dressing, Croutons

GREEK SALAD • 6.95

Cucumber, Tomatoes, Olives, Pepperoncini, Red Onions, Feta Cheese, Greens, Lemon-Oregano Vinaigrette

Kids ** kids meal served with kids drink & chips*

CHICKEN QUESADILLA • 4.95

CHICKEN NUGGETS • 4.95

ALFREDO PASTA with CHICKEN & 1 Mix-In • 5.45

TERIYAKI RICE with CHICKEN & 1 Mix-In • 5.45

TERIYAKI NOODLES with CHICKEN & 1 Mix-In • 5.45

MIX-INS:

Almonds	Carrots	Jalapeno	Red Bell Peppers	Water Chestnuts
Baby Corn	Celery	Kalamata Olives	Red Onions	Zucchini
Bean Sprouts	Cilantro	Mandarin Oranges	Scallions	
Black Bean	Corn	Mushrooms	Sun Dried Tomatoes	
Black Olives	Croutons	Pepperoncini	Sunflower Seeds	
Broccoli	Cucumber	Pineapple	Tomatoes	

PREMIUM MIX-INS:

Avocado	Eggs	Cheese	Tofu
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DRESSINGS:

Ranch Dressing ^{GF}	Balsamic Vinaigrette ^{GF}
Buttermilk Herb Dressing ^{GF}	Lemon-Oregano Vinaigrette ^{GF}
Southwest Dressing ^{GF}	Asian Dressing
BBQ Buttermilk Dressing ^{GF}	Extra Virgin Olive Oil and Vinegar ^{GF}
Caesar Dressing ^{GF}	

DELIVERY



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973 Pleasant Grove Blvd (@Between FWY 65 & Roseville Pkwy), Roseville, CA 95678 Ph: 916-936-1000
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